

WPA Cross Country Selection Criteria 2024:

*WPA Cross Country aims to improve its performances in the various **Team Categories** at the National Cross Country Championships hosted by Athletics South Africa. To achieve this, the focus of the selection will be to select Teams of 4-6 per age/gender category that would be able to perform well at the National Championships. Where there is a lack of depth to select a Team of at least 4 members, Individual entries may be considered. Age categories that will strongly be considered for the Teams are: U/16, U/17, U/20, U/23(4km) and Senior (4km & 10km). Ages U/13, U/14, U/15 and Masters will be considered on merit.*

In order to be eligible for selection the following will apply:

Only SA Citizens are eligible for selection.

Participation in the League Series is encouraged and athletes are required to compete in at least 3 Leagues, in the Event of possible selection. Athletes who have club-contractual requirements to fulfil, may be exempt from this requirement if the Cross Country Commission is notified in writing by end of June 2024. For clarity participation in the SuperLeague(s) count towards this requirement.

Participation at the WPA Championships, in the Race Distance of possible selection, is compulsory. *(If an athlete cannot compete on the day of the Championships due to a medical, or any other reason, the Cross Country Commission needs to be notified prior to or on the day of the Championships) – Medical Certificate Required*

Performance at the WPA Championships will take priority in the selection process.

Consistent performance in the Top 5 at the Leagues will guide the selection.

Results of the past 2 National Championships will guide the selection.

Selections may be limited due to budgetary constraints.

Selections are further subject to the final approval of the WPA Board.

As ASA no longer allows the participation of Individual Club athletes at the National Cross Country Championships (in Club Colours), athletes who finish under the Top 10 at WPA Championships, and are regularly under the Top 10 during the League events, who normally would want to compete as an individual entered athlete at their own expense, may be considered for inclusion in the Team, with the understanding that only race kit will be provided.

WPA Cross Country Commission